



Church of The Most Precious Blood DIOCESE OF PLYMOUTH

Canon Paul Cummins

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@SidmthRCParish

Fifth Week in Ordinary Time Year A Psalter 1

Saturday 7 th	5:30pm	Vigil Mass	<i>Patrick McEleney R.I.P.</i>
Sunday 8 th	10:30am	Fifth Sunday in Ordinary Time	<i>People of the Parish</i>
Monday 9 th			
Tuesday 10 th	6:00pm	St Scholastica	<i>Peggy Gurrán R.I.P.</i>
Wednesday 11 th	10:00am	Weekday Mass	<i>Brigid & Steve Int</i>
Thursday 12 th	9:00am	Weekday Mass	<i>Patrick McEleney R.I.P.</i>
Friday 13 th	10:00am	Funeral – Teresina Chase	

Let us keep in our prayers those who are sick and housebound in our parish including Chris Jupp, Andrew Torjussen, Andy deKlerk, Mary Wallace, Jim Lock, Irene Ulucki, Daphne Adams, John Chase, Hilary Burke, Mary McAndrew, Catherine Baptie, Geoffrey & Sally Burton, Neil Scully, Pepe Arti, Marita & Rex Anstis, Angie Walsh, Philip Burgoyne.

On this Fifth Sunday in Ordinary Time, the Church marks the feast of **Saint Josephine Bakhita**, patron saint of victims of Human Trafficking and Modern Slavery. Today's readings remind us that true faith is shown in justice, compassion, and light shining in darkness. We are invited to pray for all who suffer exploitation and for those who work, often unseen, to defend human dignity.

Teresina Chase R.I.P. – the family have asked that those attending the funeral wear red. Please keep John, Ann, Liam and all Teresina's family and friends in your prayers.

Exposition every Mon 10-10:45am until Easter. All welcome.

Prayers and reflections for **National Marriage Week** February 7th to 14th can be found at www.cbcew.org.uk/marriage-week/. Please pray for married couples, those discerning or preparing for marriage, those who are suffering in their marriages and those who are grieving, especially in the coming week.

70th Anniversary HCPT Celebration Mass 6:30pm Wed (11th) at Assumption of Our Lady Catholic Church, Torquay, followed by soup and wine in the parish hall. All are welcome to attend!

We are planning a **film evening** of The Gospel According to St Matthew on 26th March. If anyone is available to set up and work the projector and sound please let the parish office know.

Sidmouth Hospice at Home have written to thank us for the £735 we donated from our Annual Fair – see in the porch.

Request for help - lady parishioner (full time care worker with employment) urgently looking for a room to rent within Sidmouth town centre as the flat she is renting has been sold by the owner. Please contact Jannette 07830 202941 if you can help. Thank you.

Things to pray for this week

Day for Victims of Human Trafficking and those who work to combat it – Sunday 8th February

- For those who have suffered as a result of human trafficking through being bought, sold, transported into slavery for sexual exploitation, domestic servitude and forced labour.
- For those who offer pastoral support to victims who have suffered psychological damage from their traumatic experiences.
- For all agencies working in collaboration to combat human trafficking.

Day for the Sick – Wednesday 11th February

- For all who are sick; may they be restored to fullness of health or come to know dignity in their suffering.
- For doctors, nurses and all who care for the sick and the dying; may they bring Christ's love and compassion to all whom they care for.

Lunch Bunch - 'For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me.' Having carried out the lunch club in May and October half terms, we're putting on another during the next half term in Feb (18th-20th) We've moved venue to make it easier to find(!) and changed the sign-up procedure to help schools make it easier for these families to get booked in. It's still all about creating a welcoming space for families on the fringes of our town. More than just a free lunch, it's about connection, support, and building relationships across our community. We'd love you to support this by:

- Praying for the families we'll meet and the team serving them
- Donating food items, funds, or supplies like takeaway containers. If you have any unwanted Christmas gifts, these would be very welcome. Donations details: All Saints Parochial Church Council, 40-42-02, 01555200, reference TLG. For more info: hannahkgee@hotmail.com

Could You Spare an Hour a Month? Become a **Volunteer Companion**. Our local care home is looking for friendly volunteers who can bring a little extra community, conversation, and companionship into residents' lives. Just one hour a month can make a world of difference. We're welcoming people who might enjoy sharing a chat or a quiet cup of tea, reading the newspaper together, helping plant or potter in the garden, playing a simple game, singing or simply being here offering company and kindness. No experience is needed, just a warm heart, a bit of time, and a willingness to brighten someone's day. If you'd like to get involved or find out more, we'd love to hear from you. Ridgeway Residential home, 01395 516205 Marta
A small moment for you can be a big moment for someone else.

Lent retreat at St Rita's Centre, Honiton 'The Sacrament of Liberation' led by Fr Robbie Low. Sat 21st Feb. Coffee/tea 9.30am, first talk 10am, second talk 11am, Adoration in silence (with opportunity for Confession) 12pm, lunch 1pm, Holy Mass 2.45pm, depart 3.30pm. Charge for the day, including lunch, is £25. Application form from the noticeboard or parish office, or you can contact St Rita's Centre 01404 42635, admin@stritascentre.org or www.stritascentre.org/events-retreats-1/len-retreat-day-the-sacrament-of-liberation. Payment made in advance or on the day.

Inspire Saturday 11am—6pm, 14th March, Buckfast Abbey.

Youth Events would like to welcome young people aged 12-24 to Inspire, a festival of musicians, speakers and workshops encouraging young people to explore how Christ is rooted in their lives. Details on the bands, speakers and workshop will be released over the coming weeks. Tickets are £30 per person. Under 18's must be accompanied by an adult. For further information contact Saskia or Ruby: youth@prcdtr.org.uk or to book: [Inspire 2026 Parish Booking Form – Fill in form](#)

Safeguarding training at Axminster parish 9:45am to 3pm Sat 14th March with Robert Kingdon. Please let the parish office know if you would like to attend by Feb 27th axminster@prcdtr.org.uk

Stepping into Stillness – an introduction to contemplative praying and living. St. Rita's, Honiton Sometimes people find their prayer is changing, drawn more into a place of stillness with God. These residential retreats provide participants with a space for such prayer, based on Franz Jalics SJ's Way of Contemplative Praying and Living (Gries Path of Prayer) offering an introduction to for anyone seeking a contemplative way of praying and living midst the busy-ness of daily life. April 20th–24th intro to the *Gries Path of Prayer* as well as an opportunity for short retreat for those familiar with this way of prayer. Retreat co-ordinator Paddy Rylands paddyrylands@gmail.com
August 18th-27th - 8 Day Contemplative Retreat for those familiar with this way of praying as well as introducing the Gries Path to those for whom it is new. (The team includes Fr Lutz Mueller SJ, Margaret Castro, Paddy Rylands). Retreat co-ordinator Paddy Rylands paddyrylands@gmail.com
Online starting Sept 22nd Tuesday evenings 7-9pm. 7 sessions on Zoom - Introduction to the Gries Path of Prayer, those for whom getting away from home is difficult may find this to be a helpful introduction to stepping into a prayer of stillness with God. enquiries@houseofprayer.org.uk

Catholic Children's Society (Plymouth) <https://www.ccsplymouth.org.uk/support-us/>

Parishioners' Offerings: Cash & Cheques £339.57 (£71.88 Gift Aided) Standing Orders £733.42 (£621.85 Gift Aided)

Please make all cheques payable to **RC Church Sidmouth**

Newsletter Rebecca sidmouth@prcdtr.org.uk 513340

Hall Bookings Cathy sidmouth-pastoral@prcdtr.org.uk

Parish Safeguarding Reps Una Cunningham 01395 577391 or 07549 332350 Cathy Gunnell 07710 164466

Ann Murphy 0777 9986217

Sidmouth Parish is part of Plymouth R.C. Diocese: Reg charity No. 213227