



Church of The Most Precious Blood DIOCESE OF PLYMOUTH

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@SidmthRCParish

First Week of Lent Year A Psalter 1

Saturday 21 st	5:30pm	Vigil Mass
Sunday 22 nd	10:30am	First Sunday of Lent
Monday 23 rd		
Tuesday 24 th	6:00pm	Lent Weekday
Wednesday 25 th	10:00am	Lent Weekday
Thursday 26 th	9:00am	Morning Prayer
Friday 27 th	11:00am	Sick and Housebound Mass

People of the Parish

Let us keep in our prayers those who are sick and housebound in our parish including Chris Jupp, Andrew Torjussen, Andy deKlerk, Mary Wallace, Jim Lock, Irene Ulucki, Daphne Adams, John Chase, Hilary Burke, Mary McAndrew, Catherine Baptie, Geoffrey & Sally Burton, Conor Dolon, Pepe Arti, Marita & Rex Anstis, Angie Walsh, Philip Burgoyne.

Lent 2026

- **Silent Adoration** continues Mondays during Lent 10am-10:45am
- **Lent lunches** begin this week at Primley URC on Wednesday (25th) 11:45am
- **Zoom Lent talks** on parables of Jesus begin this Wednesday (25th) The Parable of the Sower, 7pm Fr Richard Silk. All welcome - see poster for joining info
- **Sick and Housebound** Mass this Friday (27th) at 11am
- **Stations of the cross** in the church. Fridays in Lent 6pm, starting this Friday (27th)

Things to pray for this week

CAFOD Lent Fast Day – Friday 27th February

- For the poor and hungry of the world, may they have access to food they need to survive.
- For all who work for overseas development, may they work alongside the poor, bringing dignity and justice.

CAFOD Family Fast Day this Friday (27th) – this Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in time of drought. Collect a CAFOD envelope from the porch to bless others with your support, donate online at cafod.org/envelope or call 0303 303 3030, text CAFODLENT to 70085 to donate £10. There is a **second collection next weekend**.

Diocesan Newsletter <https://email.workwithgusto.co.uk/t/t-0BE37BCB3841CCDF2540EF23F30FEDED>

Compassionate Boxes are looking for volunteers to look after facebook, website, GoFundMe page, and helping with events, and committee members and a secretary for the charity. If you are interested in finding out more, please contact compassionateboxes@mail.com

Sid Valley Food Bank are currently short of savoury rice, custard, cereal, jam, peanut butter, rice pudding, instant noodles. We welcome all donations, however small. Thank you for your support.

Love knitting? Over the last few years, parishioners from a number of parishes have knitted beautiful baby blankets, cardigans, hats, booties, mittens and teddy bears. Thanks to these kind, wonderful knitters, we have posted many small bundles of knitted garments to families who apply for an Essential Grant as they don't have enough funds to pay for some of the basic essentials for their babies. We've received some wonderful feedback from parents. If you enjoy knitting and would like to help families of all faiths and none, please do get in touch with our Essential Grants Manager by calling **01364 645424** or by emailing vicki.dunstone@ccsplymouth.org.uk

Stay Awake 2026 – all-age, all-day Catholic Christian Conference with music and worship, 10am-6pm 2nd May, Thomas Hardy School, Dorchester, DT1 2ET. This year's theme is: 'Create in me a clean heart, O God, and renew a right spirit within me.' (Ps 51:10) Book your place at stayawakejc.com now! We invite all parishioners, whatever age, to a fun faith-filled day with appropriate children's streams, and David Wells is our main keynote speaker! We have a choice of workshops too and more! Refreshments supplied including home-made cakes and free pizza after Mass. Free for children and £12.50 for the rest of us! See you there!

St Francis Leprosy Guild (SFLG) is the UK's only Catholic leprosy charity and has been caring for people with leprosy for over 130 years. Sadly, leprosy is not just a disease of ancient biblical times. Across the world, children are forgoing their education to care for relatives living with the disease; healthcare workers travel for days or even months to reach remote communities where leprosy is endemic. By supporting over 30 leprosy centres and projects in Africa, Asia and Brazil, SFLG is working towards a leprosy-free world. During this Lenten season of prayer and almsgiving, please take time to remember those less fortunate than ourselves, and keep people with leprosy in your prayers. You can make a donation to SFLG [here](#). We also encourage you to download SFLG's prayer card [here](#).

Inspire Saturday 11am—6pm, 14th March, Buckfast Abbey.

Youth Events would like to welcome young people aged 12-24 to Inspire, a festival of musicians, speakers and workshops encouraging young people to explore how Christ is rooted in their lives. Details on the bands, speakers and workshop will be released over the coming weeks. Tickets are £30 per person. Under 18's must be accompanied by an adult. For further information contact Saskia or Ruby: youth@prcdtr.org.uk or to book: [Inspire 2026 Parish Booking Form – Fill in form](#)

Safeguarding training at Axminster parish 9:45am to 3pm Sat 14th March with Robert Kingdon. Please let the parish office know if you would like to attend by Feb 27th axminster@prcdtr.org.uk

Stepping into Stillness – an introduction to contemplative praying and living. St. Rita's, Honiton Sometimes people find their prayer is changing, drawn more into a place of stillness with God. These residential retreats provide participants with a space for such prayer, based on Franz Jalics SJ's Way of Contemplative Praying and Living (Gries Path of Prayer) offering an introduction to for anyone seeking a contemplative way of praying and living midst the busy-ness of daily life. April 20th–24th intro to the *Gries Path of Prayer* as well as an opportunity for short retreat for those familiar with this way of prayer. Retreat co-ordinator Paddy Rylands paddyrylands@gmail.com August 18th-27th - 8 Day Contemplative Retreat for those familiar with this way of praying as well as introducing the Gries Path to those for whom it is new. (The team includes Fr Lutz Mueller SJ, Margaret Castro, Paddy Rylands). Retreat co-ordinator Paddy Rylands paddyrylands@gmail.com Online starting Sept 22nd Tuesday evenings 7-9pm. 7 sessions on Zoom - Introduction to the Gries Path of Prayer, those for whom getting away from home is difficult may find this to be a helpful introduction to stepping into a prayer of stillness with God. enquiries@houseofprayer.org.uk

Catholic Children's Society (Plymouth) <https://www.ccsplymouth.org.uk/support-us/>

Parishioners' Offerings: Cash & Cheques £339.57 (£71.88 Gift Aided) Standing Orders £733.42 (£621.85 Gift Aided) Please make all cheques payable to **RC Church Sidmouth**

Newsletter Rebecca sidmouth@prcdtr.org.uk 513340

Hall Bookings Cathy sidmouth-pastoral@prcdtr.org.uk

Parish Safeguarding Reps Una Cunningham 01395 577391 or 07549 332350 Cathy Gunnell 07710 164466

Ann Murphy 0777 9986217

Sidmouth Parish is part of Plymouth R.C.Diocese: Reg charity No. 213227