



# Church of The Most Precious Blood DIOCESE OF PLYMOUTH

**Canon Paul Cummins**

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01392 642389

**Exeter Hospital Chaplaincy** 01392 402024



@SidmthRCParish

## Sixth Week in Ordinary Time Year A Psalter 2

Saturday 14 <sup>th</sup>	5:30pm	Vigil Mass	<i>Graham Rogers R.I.P.</i>
Sunday 15 <sup>th</sup>	10:30am	Sixth Sunday in Ordinary Time	<i>People of the Parish</i>
Monday 16 <sup>th</sup>			
Tuesday 17 <sup>th</sup>	6:00pm	Weekday Mass	<i>Hilary Burke Int.</i>

## The Season of Lent Year A Psalter 4

Wednesday 18 <sup>th</sup>	10:00am	<b>Ash Wednesday</b>	<i>Teresina Chase R.I.P.</i>
	<b>7:00pm</b>	<b>Ash Wednesday</b>	
Thursday 19 <sup>th</sup>	9:00am	Lent Weekday	
Friday 20 <sup>th</sup>	10:00am	Lent Weekday	<i>Tony McCann Int.</i>

**Let us keep in our prayers those who are sick and housebound in our parish** including Chris Jupp, Andrew Torjussen, Andy deKlerk, Mary Wallace, Jim Lock, Irene Ulucki, Daphne Adams, John Chase, Hilary Burke, Mary McAndrew, Catherine Baptie, Geoffrey&Sally Burton, Neil Scully, Pepe Arti, Marita&Rex Anstis, Angie Walsh, Philip Burgoyne.

### Lent begins this week!

- If you have any old **palms** to burn for ashes, please leave them in the sacristy at the weekend
- Join us for **pancakes** in the hall this Shrove Tuesday (17<sup>th</sup>) 3pm-5pm all welcome – bring your friends!
- A reminder that **Ash Wednesday** (18<sup>th</sup>) is a day of fasting and abstinence. Mass is 10am and 7pm
- Please help yourselves to **Walk with me** booklets and **Lent at a glance** leaflets from the porch
- **Silent Adoration** continues on Mondays during Lent 10am-10:45am
- **Stations of the cross** in the church. Fridays in Lent 6pm, starting 27<sup>th</sup> February
- **Lent retreat** at St Rita's Centre, Honiton 'The Sacrament of Liberation' led by Fr Robbie Low. Sat 21<sup>st</sup> Feb. Coffee/tea 9.30am, first talk 10am, second talk 11am, Adoration in silence (with opportunity for Confession) 12pm, lunch 1pm, Holy Mass 2.45pm, depart 3.30pm. Charge for the day, including lunch, is £25.

Application form from the noticeboard or parish office, or you can contact St Rita's Centre 01404 42635, [admin@stritascentre.org](mailto:admin@stritascentre.org) or [www.stritascentre.org/events-retreats-1/lent-retreat-day-the-sacrament-of-liberation](http://www.stritascentre.org/events-retreats-1/lent-retreat-day-the-sacrament-of-liberation). Payment made in advance or on the day.

Please note that there will be no **Knit and Natter** this week (17<sup>th</sup>) as there will be pancakes in the Hall for everyone! So our following meeting will be on 3<sup>rd</sup> March at 2pm. Any queries, please phone me – Jill McGauley Tel: 01395 512745 or 07968 226435.

**Sid Valley Food Bank** are currently short of savoury rice, custard, cereal, jam, peanut butter, rice pudding, instant noodles. We welcome all donations, however small. Thank you for your support.

### Things to pray for this week

#### **Day for the unemployed – Sunday 15<sup>th</sup> February**

- For all seeking work or unable to work through disability and illness, may they place their trust in the God of hope and new beginnings.
- For politicians and all who work with the economy, may they always remember the poor and those who have least.

#### **Europe**

- For a deepening of knowledge and understanding of our common heritage of faith.
- For an openness to the stranger and a care for their needs.

For many couples **St Valentine's day** is a day of celebration, but sadly not for others. Retrouvaille England and Wales will be helping over 20 couples who will be attending our programme this weekend. We ask for your prayers for the Vocation of Marriage, giving thanks for those who have followed this vocation but also asking for the intercession of The Holy Spirit for those that need extra support as they negotiate challenges such as parenting, caring for elderly family members, life changes, sickness and ageing. *Thank you*

**Request for help** - lady parishioner (full time care worker with employment) urgently looking for a room to rent within Sidmouth town centre as the flat she is renting has been sold by the owner. Please contact Jannette 07830 202941 if you can help. Thank you.

Could You Spare an Hour a Month? Become a **Volunteer Companion**. Our local care home is looking for friendly volunteers who can bring a little extra community, conversation, and companionship into residents' lives. Just one hour a month can make a world of difference. We're welcoming people who might enjoy sharing a chat or a quiet cup of tea, reading the newspaper together, helping plant or potter in the garden, playing a simple game, singing or simply being here offering company and kindness. No experience is needed, just a warm heart, a bit of time, and a willingness to brighten someone's day. If you'd like to get involved or find out more, we'd love to hear from you. Ridgeway Residential home, 01395 516205 Marta  
A small moment for you can be a big moment for someone else.

**Love knitting?** Over the last few years, parishioners from a number of parishes have knitted beautiful baby blankets, cardigans, hats, booties, mittens and teddy bears. Thanks to these kind, wonderful knitters, we have posted many small bundles of knitted garments to families who apply for an Essential Grant as they don't have enough funds to pay for some of the basic essentials for their babies. We've received some wonderful feedback from parents. If you enjoy knitting and would like to help families of all faiths and none, please do get in touch with our Essential Grants Manager by calling **01364 645424** or by emailing [vicki.dunstone@ccsplymouth.org.uk](mailto:vicki.dunstone@ccsplymouth.org.uk)

**Inspire** Saturday 11am—6pm, 14<sup>th</sup> March, Buckfast Abbey.

Youth Events would like to welcome young people aged 12-24 to Inspire, a festival of musicians, speakers and workshops encouraging young people to explore how Christ is rooted in their lives. Details on the bands, speakers and workshop will be released over the coming weeks. Tickets are £30 per person. Under 18's must be accompanied by an adult. For further information contact Saskia or Ruby: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) or to book: [Inspire 2026 Parish Booking Form – Fill in form](#)

**Safeguarding training** at Axminster parish 9:45am to 3pm Sat 14<sup>th</sup> March with Robert Kingdon. Please let the parish office know if you would like to attend by Feb 27<sup>th</sup> [axminster@prcdtr.org.uk](mailto:axminster@prcdtr.org.uk)

**Stepping into Stillness** – an introduction to contemplative praying and living. St. Rita's, Honiton  
Sometimes people find their prayer is changing, drawn more into a place of stillness with God. These residential retreats provide participants with a space for such prayer, based on Franz Jalics SJ's Way of Contemplative Praying and Living (Gries Path of Prayer) offering an introduction to for anyone seeking a contemplative way of praying and living midst the busy-ness of daily life. April 20<sup>th</sup>–24<sup>th</sup> intro to the *Gries Path of Prayer* as well as an opportunity for short retreat for those familiar with this way of prayer. Retreat co-ordinator Paddy Rylands [paddyrylands@gmail.com](mailto:paddyrylands@gmail.com)  
August 18<sup>th</sup>-27<sup>th</sup> - 8 Day Contemplative Retreat for those familiar with this way of praying as well as introducing the Gries Path to those for whom it is new. (The team includes Fr Lutz Mueller SJ, Margaret Castro, Paddy Rylands). Retreat co-ordinator Paddy Rylands [paddyrylands@gmail.com](mailto:paddyrylands@gmail.com)  
Online starting Sept 22<sup>nd</sup> Tuesday evenings 7-9pm. 7 sessions on Zoom - Introduction to the Gries Path of Prayer, those for whom getting away from home is difficult may find this to be a helpful introduction to stepping into a prayer of stillness with God. [enquiries@houseofprayer.org.uk](mailto:enquiries@houseofprayer.org.uk)

Catholic Children's Society (Plymouth) <https://www.ccsplymouth.org.uk/support-us/>

**Parishioners' Offerings:** Cash & Cheques £339.57 (£71.88 Gift Aided) Standing Orders £733.42 (£621.85 Gift Aided)

Please make all cheques payable to **RC Church Sidmouth**

**Newsletter** Rebecca [sidmouth@prcdtr.org.uk](mailto:sidmouth@prcdtr.org.uk) 513340

**Hall Bookings** Cathy [sidmouth-pastoral@prcdtr.org.uk](mailto:sidmouth-pastoral@prcdtr.org.uk)

**Parish Safeguarding Reps** Una Cunningham 01395 577391 or 07549 332350 Cathy Gunnell 07710 164466

Ann Murphy 0777 9986217

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